

# May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1</p> <p>9:30 am Living a Healthy Life with Chronic Pain Workshop</p> <p>10:00 am Free Chronic Pain 6-week workshop</p> <p>3:30 pm Free for Youth Drop-in Basketball</p> <p>4:30 pm Youth Room Pancake Bar</p> <p>7:00 pm Art Attack</p> <p>7:00 pm Flood Ready: Flood Preparedness and Home Protection Strategies Workshop</p>	<p>2</p> <p>2:00 pm Historic Whitby Walking Tour / Jane's Walk</p> <p>4:30 pm Free Drop-in Youth Pickleball</p> <p>4:30 pm Emoji Movie Guessing Game</p> <p>7:00 pm Free Movie Night for Youth</p>	<p>3</p> <p>12:30 pm Free Youth Shinny</p> <p>2:00 pm Public Skate Free for Youth</p> <p>2:00 pm Youth Room Sundae Bar</p>
<p>4</p> <p>11:15 am Free for Youth Public Skate</p> <p>3:30 pm Public Swim Free for Youth</p>	<p>5</p> <p>4:00 pm Free Youth Latin Dance Class</p> <p>4:30 pm Youth Room Pool Tournament</p>	<p>6</p> <p>9:30 am Biology Walk with Wilf - Spring Wildflowers</p> <p>9:30 am Living a Healthy Life with Diabetes Workshop</p> <p>3:30 pm Free for Youth Drop-in Basketball</p> <p>3:30 pm Youth Room Open House-Henry Street High Youth Hub</p> <p>4:00 pm Youth Room Open House-McKinney Centre</p> <p>4:00 pm Youth Room Open House-Brooklin Community Centre and Library</p> <p>6:30 pm Home Energy Retrofit Orientation Webinar</p> <p>7:30 pm Free for Youth Girls Shinny</p>	<p>7</p> <p>5:00 pm Youth Room Pop Culture Trivia Night</p> <p>6:00 pm Free Zumba for Youth</p> <p>7:00 pm Community Gardens Webinar</p>	<p>8</p> <p>9:30 am Living a Healthy Life with Chronic Pain Workshop</p> <p>10:00 am Retirement Income Management</p> <p>5:00 pm Wire Earrings 101 with Tara</p> <p>7:00 pm East Ward Town Hall</p>	<p>9</p> <p>10:00 am Stress and Sleep Workshop</p>	<p>10</p> <p>10:00 am World Migratory Bird Day: A Birdwatching Experience</p>
<p>11</p> <p>2:00 pm Mother's Day Tea Party &amp; Workshop</p>	<p>12</p> <p>10:00 am Reflexology Workshop</p>	<p>13</p> <p>12:00 am Take Action on Litter - Join the Provincial Day of Action on Litter</p> <p>9:30 am Living a</p>	<p>14</p> <p>9:00 am Whitby Farmers Market</p> <p>5:30 pm Durham College's Program Information Night</p>	<p>15</p> <p>9:30 am Living a Healthy Life with Chronic Pain Workshop</p>	<p>16</p> <p>10:00 am Summer Unwind: A Sound Healing Experience</p>	<p>17</p> <p>10:00 am Spring Planter Workshop</p> <p>10:30 am Mental health storytime and</p>

		<p>Healthy Life with Diabetes Workshop</p> <p>5:30 pm Durham College's Program Information Night</p>				craft
<p>18</p> <p>10:00 am Spring Planter Workshop</p>	<p>19</p>	<p>20</p> <p>9:30 am Living a Healthy Life with Diabetes Workshop</p> <p>2:30 pm Discover the World of Bees</p>	<p>21</p> <p>9:00 am Whitby Farmers Market</p>	<p>22</p> <p>9:30 am Living a Healthy Life with Chronic Pain Workshop</p> <p>10:00 am Cable Knitting with Tara</p>	<p>23</p> <p>2:00 pm Spring Social</p>	<p>24</p> <p>9:00 am IG Wealth Management Walk for Alzheimer's 2025: Alzheimer Society of Durham Region</p> <p>10:00 am Spring Planter Workshop</p> <p>11:00 am Food Truck Frenzy</p> <p>11:00 am Food Truck Frenzy</p> <p>12:00 pm Trafalgar Castle School May Day</p> <p>1:00 pm Spring Planter Workshop</p>
<p>25</p> <p>11:00 am Food Truck Frenzy</p> <p>11:00 am Food Truck Frenzy</p>	<p>26</p> <p>1:00 pm Penny Bingo</p>	<p>27</p>	<p>28</p> <p>9:00 am Whitby Farmers Market</p> <p>7:00 pm An Appetite for Gardening: Incorporating Edibles into a Traditional Landscape</p>	<p>29</p> <p>9:30 am Living a Healthy Life with Chronic Pain Workshop</p>	<p>30</p>	