

Sunday, September 21, 2025

Outdoor Yoga

Date and Time: Sunday, September 21 10:00 am - 11:15 am

Address: 270 Simcoe Street North

Join Taylor from 10:00-11:15am for a gentle slow flow yoga practice within the Sunken Tennis Court Gardens at Parkwood Estate.

Together we will practice Vinyasa style of yoga but slowed way down, allowing you to intentionally connect to your mind, body, and breath.

This class is welcome to all levels of yogis from beginners to advanced. Each practice will have options for pose modifications - allowing you to truly find your ideal posture while keeping safety in mind.

Guests can expect to leave practice feeling uplifted and empowered.

Please bring your own yoga mat and water bottle.

Please note, this is a RAIN or SHINE event. in the instance of inclement weather, Yoga will continue in the covered Arbor outdoor space. No Refunds.

Each class is sold separately.

What's included

Vinyasa style Yoga instruction

What's not included

Yoga mat

Water

Charcuterie Board Workshop

Date and Time: Sunday, September 21 2:00 pm - 3:00 pm

Address: 270 Simcoe Street North

COST: \$107

B A L A N C E - is the key & a word you'll hear used a lot in class.

Want to learn more? Carol from Around the Board, will guide you through a simple 5 step styling process to create your very own eye-catching arrangement for 2-4 people.

What's included

- 10" round palm leaf plate for 2-4 people - Fine cheese, charcuterie and all additional accompaniments for creating the perfect board.
- Packaging in a bakery box to transport the board home.
- Step by Step guidance in creating a charcuterie board led by Carol of Around the Board.
- A PDF of Around the Board "How-to" Guide & "Tips & Tricks" emailed after the class.
- Learn a life skill that will turn you into the hostess with the mostest!

The Durham Storytellers at Lynde House Museum

Date and Time: Sunday, September 21 2:30 pm - 4:30 pm

Address: 900 Brock Street South, Whitby, L1N 4L6

Join The Durham Storytellers for an afternoon of traditional folktales, fairy tales, myths and poems.

This year's theme is "Romantic Tales".

Admission by donation. Register online or by phone.

Wednesday, September 24, 2025

Whitby Farmers Market

Date and Time: Wednesday, September 24 9:00 am - 3:00 pm

Address: Celebration Square

Don't miss the Whitby Farmers Market every Wednesday at Celebration Square beginning on May 14 from 9 am to 3 pm!

Whether you are looking for tasty treats, fresh produce or one of a kind creations, the Whitby Farmers Market is a great way to #ShopLocal!

<https://www.whitbyfarmersmarket.ca/>

Building Climate Resilience at Home and in the Garden

Date and Time: Wednesday, September 24 6:30 pm - 7:30 pm

Address: 8 Vipond Road, Brooklin, ON

Learn how to prepare your home and yard for extreme weather. A representative from Durham Region will introduce the new Weather-Ready Durham Greener Homes program. Then, a representative from Landscape Ontario Durham Chapter will share landscaping strategies to help protect your property from extreme weather. Regist

ered participants will receive a free emergency preparedness kit.

Registration required.

Friday, September 26, 2025

Mobile Food Market by Community Care Durham

Date and Time: Friday, September 26 1:00 pm - 2:00 pm

Address: 801 Brock St S

Mobile Food Market by Community Care Durham

Fridays, 1:00 - 2:00 pm

55+ Recreation Centre - Lobby

Community Care Durham runs a Mobile Food Market in the 55+ Recreation Centre Lobby. The Market offers fruits and vegetables for purchase from local growers at a reasonable price. All proceeds generated from the market go to supporting their Community Food Box Program.

Please note that this is a mini-market, so variety and quantity of items available is limited.

Everyone is welcome. Cash, credit and debit accepted.

Walking Together: A Journey Through Truth, Reconciliation, and Indigenous Experience

Date and Time: Friday, September 26 2:00 pm - 4:00 pm

Address: 801 Brock Street South

Join Dr. Peter Menzies, a Social Work expert with 20+ years' experience, for a free workshop exploring issues facing Indigenous Peoples in Canada.

Register at whitby.ca/active using code 64092.

Saturday, September 27, 2025

Beer Fest

Date and Time: Saturday, September 27 12:00 pm - 4:00 pm

Address: 270 Simcoe Street North

COST: \$30 (Designated Drivers), \$60 (Adults) - 19+ EVENT!

Get ready for the ultimate celebration of craft beer at our 3rd Annual Beer Fest! This exciting event brings together beer enthusiasts, local breweries, and culinary artisans for a day of tasting, and fun. Whether you're a seasoned beer connoisseur, a casual drinker, or mocktail enthusiast, there's something for everyone to enjoy.

Food and Beverage Vendors coming soon!

What to Expect:

Craft Beer Tastings: Sample a diverse range of craft beers from local and regional breweries. Discover new favourites and enjoy classic brews.

Food Pairings: Savor delicious food from local vendors perfectly paired with your favourite beers.

Live Music & Entertainment: a mix of tunes to keep the energy high and the crowd moving. The festive atmosphere here will keep you entertained as you explore the event.

Challenge your friends to a game of cornhole, enter our awesome raffles and enjoy the awesome view.

Merchandise: Like what you're tasting? Additional stock may be purchased from your favourite vendor. Pick it up from our staff as you exit. No consuming of additional stock will be permitted on site.

Ticket Information:

General Admission: \$60 (Includes entry, 3 beer sample tickets, and a commemorative tasting glass (6oz - see photo). Additional sampling tickets available for purchase.

Designated Driver: \$30 (Includes 1 non-alcoholic sampling ticket and commemorative tasting glass, will not be permitted to consume any alcoholic beverages on site).

Age Restriction: Must be 19 years or older to attend. Valid ID required at entry.

Please drink responsibly! Make arrangements for a safe journey home or visit any staff/volunteer to help make arrangements on site.

This event is Rain or Shine!

Due to confined space and extreme temperatures, we regret that dogs will not be admissible.

Join us for an unforgettable day of craft beer discovery, great food, and lively entertainment. Cheers to good times and great beer!

LEAF Community Tree Planting at Rosedale Park

Date and Time: Saturday, September 27 1:00 pm - 3:00 pm

Address: 265 Rosedale Dr Whitby, ON L1N 1Z2

Join LEAF as we cap off National Forest Week by planting native trees and shrubs at Rosedale Park. Get your hands dirty and help us improve Whitby's urban forest! All ages welcome.

Children under 16 years of age must be accompanied by an adult.

Planting event will take place from 1:00 p.m. – 3:00 p.m.

Please wear:

- Closed-toed shoes or boots – no sandals, please!
- Gardening gloves, if you have them (we will have extras)
- Appropriate clothing – the event runs rain or shine

Registration required.

All LEAF events count toward secondary school volunteer hour requirements.

Soapstone Carving Workshop

Date and Time: Saturday, September 27 1:00 pm - 5:00 pm

Address: 900 Brock Street South, Whitby, L1N 4L6

Have you ever wanted to learn the basics of the art of soapstone carving? Join Peter Martin for a fun afternoon of soapstone carving at the Lynde House Museum.

Your choice of a butterfly or puffin.

\$35 fee which includes supplies.

Pre-register by phone or online.

<https://calendars.whitby.ca>