## **Sunday, June 1, 2025**

### **Outdoor Yoga**

Date and Time: Sunday, June 1 10:00 am - 11:15 am

Address: 270 Simcoe Street North

Join Taylor from 10:00-11:15am for a gentle slow flow yoga practice within the Sunken Tennis Court Gardens at Parkwood Estate.

Together we will practice Vinyasa style of yoga but slowed way down, allowing you to intentionally connect to your mind, body, and breath.

This class is welcome to all levels of yogis from beginners to advanced. Each practice will have options for pose modifications - allowing you to truly find your ideal posture while keeping safety in mind.

Guests can expect to leave practice feeling uplifted and empowered.

Please bring your own yoga mat and water bottle.

Please note, this is a RAIN or SHINE event. in the instance of inclement weather, Yoga will continue in the cov ered Arbor outdoor space. No Refunds.

Each class is sold separately.

## What's included

Vinyasa style Yoga instruction

### What's not included

Yoga mat Water

# Monday, June 2, 2025

## 55+ Art Rail Display

Date and Time: Monday, June 2 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

#### Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

#### Outdoor Gentle Yoga - Ages 14+

Date and Time: Monday, June 2 2:00 pm - 3:00 pm

Address: 555 Rossland Road East

#### Outdoor Gentle Yoga-Ages 14+

Monday June 2, 2025 – 2:00pm – 3:00pm

Whitby Civic Recreation Centre- advance registration required- registration code: 62933

# Tuesday, June 3, 2025

### 55+ Art Rail Display

Date and Time: Tuesday, June 3 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

#### Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

### Fire Safety Workshop

Date and Time: Tuesday, June 3 10:00 am - 11:30 am

Address: 801 Brock St S

#### Fire Safety Workshop

Join Whitby Fire for an engaging educational session, topics will include, smoke and carbon monoxide require ments

and maintenance, fire blankets. fire extinguishers and home escape planning. Have your questions answered by t

experts in fire safety. Refreshments will be provided.

55+ Membership and pre-registration required: code 61625

## Wednesday, June 4, 2025

#### **Whitby Farmers Market**

Date and Time: Wednesday, June 4 9:00 am - 3:00 pm

Address: Celebration Square

Don't miss the Whitby Farmers Market every Wednesday at Celebration Square beginning on May 14 from 9 am to 3 pm!

Whether you are looking for tasty treats, fresh produce or one of a kind creations, the Whitby Farmers Market is a great way to #ShopLocal!

https://www.whitbyfarmersmarket.ca/

### 55+ Art Rail Display

Date and Time: Wednesday, June 4 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

# Thursday, June 5, 2025

### 55+ Art Rail Display

Date and Time: Thursday, June 5 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

#### Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

### Living a Healthy Life with Chronic Pain Workshop

Date and Time: Thursday, June 5 9:30 am - 12:00 pm

Address: 801 Brock St S

#### Living a Healthy Life with Chronic Pain Workshop

Code: 60706 Cost: Free

Thursdays, 9:30 am - 12:00 pm

May 1 – June 5

Do you live with challenges and complications because of chronic pain?

Living a Healthy Life with Chronic Pain is a free workshop series that helps

people better cope with pain symptoms and activities of daily life. Learn tools

like pacing and planning, managing fatigue, effective communication skills, and

working in partnership with your healthcare providers. All participants will receive

the "Living a Healthy Life with Chronic Pain" resource book and "Moving Easy

Program" CD or MP3 audio file. Presented by Ontario Health at Home.

Registration and 55+ Membership required.

### **Fiber Hoop Spring Project with Tara**

Date and Time: Thursday, June 5 10:00 am - 12:00 pm

Address: 8 Vipond Rd

#### Fiber Hoop Spring Project with Tara

Code: 60686 Cost: \$42.44

Thursdays, 10:00 am - 12:00 pm, June 5 - June 19

This class is for all you crafty people that need a little "Spring" in your day. We will be using an Embroidery Ho op,

Linen, floss, wool, and beads to create a beautiful four-part exploration of the life cycle of a Lilac Bush. We wi

11

cover some simple embroidery stitches and techniques to create this stunning piece that can be hung on the

wall when it's done for all to enjoy! Tara Bergeron our instructor will be providing a kit for a fee of \$30. Kit In cludes:

Hoop, linen, floss, yarn, wool, felt, beads, templates, lilac twigs and notes.

Tools needed: Scissors, Darning needle for Yarn, embroidery needles or other large eyed needles, pencil, ruler.

**Registration and 55+ Membership required.** 

# **Friday, June 6, 2025**

### 55+ Art Rail Display

Date and Time: Friday, June 6 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

## **Mobile Food Market by Community Care Durham**

Date and Time: Friday, June 6 1:00 pm - 2:00 pm

Address: 801 Brock St S

Mobile Food Market by Community Care Durham

Fridays, 1:00 - 2:00 pm

#### 55+ Recreation Centre - Lobby

Community Care Durham runs a Mobile Food Market in the 55+ Recreation Centre Lobby. The Market offers fruits and vegetables for purchase from local growers at a reasonable price. All proceeds generated from the market go to supporting their Community Food Box Program.

Please note that this is a mini-market, so variety and quantity of items available is limited.

Everyone is welcome. Cash, credit and debit accepted.

#### Non-Stop Dance Party Challenge! Ages 14+

Date and Time: Friday, June 6 3:00 pm - 5:00 pm

Address: 555 Rossland Road East

#### Non-Stop Dance Party Challenge! Ages 14+

Friday June 6, 2025 – 3:00pm – 5:00pm

Whitby Civic Recreation Centre-Lower Lobby at Whitby Civic Recreation Centre

Join us for a free fun filled afternoon showcasing all the various dance fitness classes we have to offer.

Drop-in - no registration required.

# Saturday, June 7, 2025

#### 55+ Art Rail Display

Date and Time: Saturday, June 7 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

#### Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

### **Spring Fest Vendor Market - FREE**

Date and Time: Saturday, June 7 10:00 am - 3:00 pm

Address: 270 Simcoe Street North

Our much anticipated Spring Fest Market returns June 7th! Be sure to visit our 60+ vendors at Durham's most beautiful outdoor market.

Market entry is **FREE!** No tickets are required.

Our 60+ vendors include many local businesses as well as Emerging Talent (junior) vendors!

Vendor lineups to come - STAY TUNED!!

Also, this year, we will be creating raffle gift packages from generously donated items from our vendors - ticket s available for purchase on site!

Remember, there is NO parking on site. Please use the Lakeridge Health Parking Garage, O'Neill CVI parking l ot non-reserved spaces (Mary Street) or neighbourhood street parking where allowed.

## **Brooklin Spring Fair Parade**

Date and Time: Saturday, June 7 10:30 am

Address: Baldwin Street, Brooklin

The B.A.M. Lions Club is proud to be back organizing this year's parade celebrating the 114th Anniversary of the Brooklin Spring Fair.

The Brooklin Spring Fair has many traditions and the parade is definitely one of the highlights. Many volunteer hours go into the planning and preparation of the parade to ensure that it continues to grow and reflect the man y long standing traditions established over the years.

Visit <a href="https://www.brooklinspringfair.com/attractions/parade/">https://www.brooklinspringfair.com/attractions/parade/</a> for more information and the parade route

## **Interactive Mystery Play & Tea Party**

Date and Time: Saturday, June 7 1:00 pm - 6:00 pm

Address: 900 Brock Street South, Whitby, L1N 4L6

Join some of Whitby's historic residents for a tea party at Lynde House Museum and help them solve a mysterio us disappearance...

3 showtimes - 1pm, 3pm and 5pm

\$20.00 includes tea and sweets. Register online or call 905-665-3131

# **Sunday, June 8, 2025**

## 55+ Art Rail Display

Date and Time: Sunday, June 8 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

# Monday, June 9, 2025

## 55+ Art Rail Display

Date and Time: Monday, June 9 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

# **Tuesday, June 10, 2025**

### 55+ Art Rail Display

Date and Time: Tuesday, June 10 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

### **Understanding Grief and Bereavement**

Date and Time: Tuesday, June 10 10:00 am - 11:30 am

Address: 801 Brock St S

Understanding Grief and Bereavement

Tuesday, June 10, 10:00 - 11:30 am

Code: #<u>63355</u> Cost: Free

55+ Recreation Centre - Classroom

Grief is a natural part of life, yet many people feel pressure to "move on" or stay silent about their pain. In this presentation,

we'll explore common myths and stigmas surrounding grief and bereavement, and open up a conversation about how we

can better support ourselves and others through loss. VON Durham Hospice Services will provide an overview of the grief

and bereavement support programs offered through their Durham team.

55+ Membership and registration required.

## **Heart Wellness with Sylvia**

Date and Time: Tuesday, June 10 10:00 am - 11:30 am

Address: 801 Brock St S

Heart Wellness with Sylvia

Tuesday, June 10, 12:30 - 1:30 pm

Code: #61045 Cost: \$10.61

If heart disease is in yours or perhaps someone else's in your life then this is the seminar for you.

Learn about the myths and realities of different foods and diets for a healthy heart. Nutritionist

Sylvia Emmorey will cover high cholesterol as well as high blood pressure in this informative

session and also recommend foods for optimal Heart Health.

55+ Membership and registration required.

## Wednesday, June 11, 2025

### **Whitby Farmers Market**

Date and Time: Wednesday, June 11 9:00 am - 3:00 pm

Address: Celebration Square

Don't miss the Whitby Farmers Market every Wednesday at Celebration Square beginning on May 14 from 9 am to 3 pm!

Whether you are looking for tasty treats, fresh produce or one of a kind creations, the Whitby Farmers Market is a great way to #ShopLocal!

https://www.whitbyfarmersmarket.ca/

### 55+ Art Rail Display

Date and Time: Wednesday, June 11 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

#### **Outdoor Stretch Ages 14+**

Date and Time: Wednesday, June 11 1:00 pm - 2:00 pm

Address: 555 Rossland Road East

#### **Outdoor Stretch Ages 14+**

Wednesday June 11, 2025 - 1:00pm - 2:00pm

Whitby Civic Recreation Centre- advance registration required- registration code: 62944

# Thursday, June 12, 2025

## 55+ Art Rail Display

Date and Time: Thursday, June 12 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

### **How to Read Food Labels Workshop**

Date and Time: Thursday, June 12 10:00 am - 11:30 am

Address: 801 Brock St S

How to Read Food Labels Workshop

Code: 60724 Cost: Free

Thursday, June 12, 10:00 – 11:30 am

The workshop explores food buying habits, helping us to understand how marketing and food labels may be influencing what we buy. Tips on how to know if the food you are buying is a healthy choice, and what we can do to eat healthier. Understand what each food label means, including the Nutrition Facts Table, List of Ingredients, Nutrition Claims, Nutrient content claims and the Percentage Daily Value.

Registration and 55+ Membership required.

# **Friday, June 13, 2025**

## 55+ Art Rail Display

Date and Time: Friday, June 13 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

### Meet the Artists - 55+ Art Rail Display

Date and Time: Friday, June 13 11:00 am - 12:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Meet the Artists on Friday, June 13 from 11:00 am - 12:00 pm and talk

with them about their pieces. Light refreshments will be served.

#### **Mobile Food Market by Community Care Durham**

Date and Time: Friday, June 13 1:00 pm - 2:00 pm

Address: 801 Brock St S

#### Mobile Food Market by Community Care Durham

Fridays, 1:00 - 2:00 pm

#### 55+ Recreation Centre - Lobby

Community Care Durham runs a Mobile Food Market in the 55+ Recreation Centre Lobby. The Market offers fruits and vegetables for purchase from local growers at a reasonable price. All proceeds generated from the market go to supporting their Community Food Box Program.

Please note that this is a mini-market, so variety and quantity of items available is limited.

Everyone is welcome. Cash, credit and debit accepted.

## **Outdoor Boot Camp Ages 14+**

Date and Time: Friday, June 13 5:00 pm - 6:00 pm

Address: 555 Rossland Road East

### Outdoor Boot Camp Ages 14+

Friday June 13, 2025 – 5:00pm – 6:00pm

Whitby Civic Recreation Centre- advance registration required- registration code: 62952

## Saturday, June 14, 2025

#### **Brooklin Farmer's Market**

Date and Time: Saturday, June 14 9:00 am - 2:00 pm

Address: 3 Vipond Road, Brooklin

Don't miss the Whitby Farmers' Market every Saturday at Municipal Lot 9 at 3 Vipond Road Brooklin beginnin g on June 7 from 9 am to 2 pm!

Whether you are looking for tasty treats, fresh produce or one of a kind creations, the Whitby Farmers Market is a great way to #ShopLocal!

https://www.whitbyfarmersmarket.ca/

### 55+ Art Rail Display

Date and Time: Saturday, June 14 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

## **Drop-in Bike Repair Workshop**

Date and Time: Saturday, June 14 10:00 am - 2:00 pm

Address: Refer to event details below for specific event locations.

June is Bike Month in Whitby, an opportunity to celebrate cycling and encourage urban mobility and active tran sportation through events and outreach efforts. For this year's Bike Month, we are hosting a drop-in bike repair workshop at two locations, where people can bring their bikes for basic services such as safety checks, tire infla tion, brake adjustments, and chain oiling. Similarly, our Active Transportation and Safe Road Advisory (ATSRA C) Committee is hosting a pop-up information booth to share information and gather feedback on Town's Active Transportation network.

Below is the date/time and the venue for the event:

- The Drop-in Bike Repair: <u>Waterfront Trail</u> on June 14<sup>th</sup>, 2025, and <u>Whitby Central Library/Celebration</u> Square on June 21<sup>st</sup>, 2025, from 10 am to 2 pm.
- Pop-up booth by the ATSRAC: Waterfront Trail on June 14<sup>th</sup> from 10 am to 2 pm.

### **Beginner Sourdough Workshop**

Date and Time: Saturday, June 14 1:30 pm - 4:00 pm

Address: 270 Simcoe Street North

Are you ready to learn the art of sourdough baking? If so, this beginner's workshop was designed for you!

Join Melina of 'Sourdough Simplified' as she guides you in preparing your very own loaf as well as feeding yo ur very own, mature sourdough starter. You will learn the benefits fundamentals of sourdough baking in a fun a nd informative way.

This class will teach you the ins and outs of sourdough baking and will leave you feeling confident in your new found skills.

So whether you are a beginner or looking to refine your skills, this workshop is perfect for you.

### What's included

- Ingredients + hands on instruction on how to make your own dough, ready to bake the next day
- Detailed instruction + recipe booklet
- Ripe, organic sourdough starter
- •Dehydrated organic sourdough starter
- Hands on instruction how to feed and maintain your new starter
- Bowl
- Proofing basket
- Scoring blade

Sourdough samples will be provided

### St. Andrews Presbyterian Church Spring Festival

Date and Time: Saturday, June 14 2:00 pm - 4:30 pm

Address: 209 Cochrane Street

#### STRAWBERRY SOCIAL FUNDRAISER SILENT AUCTION BAKE SALE

If you would like to make a donation to our silent auction, please contact the church at 905-668-4022 or by em ail at <a href="mailto:standrewspresbyterianwhitby@gmail.com">standrewspresbyterianwhitby@gmail.com</a>

TICKETS FOR THE STRAWBERRY SOCIAL ARE \$15 EACH OR 2 FOR \$25 CHILDREN 10 YEARS AND UNDER \$5

We hope you can join us for a fun filled day supporting our church and community.

### Free Public Skate - All Ages

Date and Time: Saturday, June 14 2:00 pm - 3:45 pm

Address: 500 Victoria Street West

Free Public Skate - All Ages

Saturday June 14, 2025 – 2:00 – 3:45pm

Iroquois Parks Sports Centre

Drop-in, no registration required.

# **Sunday, June 15, 2025**

### 55+ Art Rail Display

Date and Time: Sunday, June 15 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

### **Decoration Day @ Groveside Cemetery**

Date and Time: Sunday, June 15 2:30 pm - 3:30 pm

Address: 5155 Baldwin Street South, Brooklin

Join us for our annual Decoration Day service to recognize and honour those who have passed on before us.

Location: Groveside Cemetery (Rain or Shine)

## **Monday, June 16, 2025**

### 55+ Art Rail Display

Date and Time: Monday, June 16 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

### **Penny Bingo**

Date and Time: Monday, June 16 1:00 pm - 3:00 pm

Address: 8 Vipond Rd

#### **Penny Bingo**

Monday, 1:00 – 3:00 pm, Cost: \$1.00

June 16 Code: 60547

Do you want to get rid of your pennies? Please remember to bring your jar of

pennies and join us for a fun afternoon full of laughs and giggles!

Registration and 55+ Membership required.

# **Tuesday, June 17, 2025**

#### Tai Chi in the Park with Dave

Date and Time: Tuesday, June 17 9:30 am - 10:30 am

Address: 800 Brock Street South

#### Tai Chi in the Park with Dave

Tuesday, June 17

9:30 - 10:30 am

Code: 61030

Free event sponsored by Wellings of Whitby

Pre-registration and 55+ Membership required.

## 55+ Art Rail Display

Date and Time: Tuesday, June 17 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

#### Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

### Culture Pop Up: National Indigenous People's Day

Date and Time: Tuesday, June 17 6:00 pm - 8:00 pm

Address: Rotary Sunrise Lake Park (North of the Whitby Harbour Lighthouse Pier)

National Indigenous People's Day is celebrated annual on June 21, 2025. This year the Town of Whitby will ce lebrate the Indigenous People at one of our culture pop-ups at the Waterfront. National Indigenous People's day is a day for all Canadians to recognize and celebrate the unique heritage, diverse cultures and outstanding cont ributions of <u>First Nations</u>, <u>Inuit</u>, and <u>Métis</u> peoples. Come enjoy storytelling, drumming and dancing that celebrates the unique heritage and culture of the Indigenous People. This event runs from 6 p.m. to 8 p.m.

## Wednesday, June 18, 2025

### **Whitby Farmers Market**

Date and Time: Wednesday, June 18 9:00 am - 3:00 pm

Address: Celebration Square

Don't miss the Whitby Farmers Market every Wednesday at Celebration Square beginning on May 14 from 9 am to 3 pm!

Whether you are looking for tasty treats, fresh produce or one of a kind creations, the Whitby Farmers Market is a great way to #ShopLocal!

https://www.whitbyfarmersmarket.ca/

## 55+ Art Rail Display

Date and Time: Wednesday, June 18 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

### **Outdoor Boot Camp Ages 14+**

Date and Time: Wednesday, June 18 2:00 pm - 3:00 pm

Address: 555 Rossland Road East

#### **Outdoor Boot Camp Ages 14+**

Wednesday June 18<sup>th</sup>, 2025 – 2:00pm – 3:00pm

Whitby Civic Recreation Centre - Advance registration required- registration code: 62964

# Thursday, June 19, 2025

### 55+ Art Rail Display

Date and Time: Thursday, June 19 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

# **Friday, June 20, 2025**

### 55+ Art Rail Display

Date and Time: Friday, June 20 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

### 55+ Extravaganza BBQ

Date and Time: Friday, June 20 10:00 am - 2:00 pm

Address: 801 Brock Street South

Join us for hot dogs, hamburgers (\$2 donation), fun and entertainment.

### **Mobile Food Market by Community Care Durham**

Date and Time: Friday, June 20 1:00 pm - 2:00 pm

Address: 801 Brock St S

Mobile Food Market by Community Care Durham

Fridays, 1:00 - 2:00 pm

55+ Recreation Centre - Lobby

Community Care Durham runs a Mobile Food Market in the 55+ Recreation Centre Lobby. The Market offers fruits and vegetables for purchase from local growers at a reasonable price. All proceeds generated from the market go to supporting their Community Food Box Program.

Please note that this is a mini-market, so variety and quantity of items available is limited.

Everyone is welcome. Cash, credit and debit accepted.

## **Outdoor Cardio Sculpt Ages 14+**

Date and Time: Friday, June 20 5:00 pm - 6:00 pm

Address: 555 Rossland Road East

### **Outdoor Cardio Sculpt Ages 14+**

Friday June 20<sup>th</sup>, 2025, - 5:00pm – 6:00pm

Whitby Civic Recreation Centre- Advance registration required- registration code: 62966

### Free Swim - All Ages

Date and Time: Friday, June 20 7:00 pm - 9:00 pm

Address: 555 Rossland Road East

Free Swim – All Ages

Friday June 20<sup>th</sup>, 2025, - 7:00pm – 9:00pm

Whitby Civic Recreation Centre Pool

Drop-in - no pre-registration required.

## Saturday, June 21, 2025

#### **Brooklin Farmer's Market**

Date and Time: Saturday, June 21 9:00 am - 2:00 pm

Address: 3 Vipond Road, Brooklin

Don't miss the Whitby Farmers' Market every Saturday at Municipal Lot 9 at 3 Vipond Road Brooklin beginnin g on June 7 from 9 am to 2 pm!

Whether you are looking for tasty treats, fresh produce or one of a kind creations, the Whitby Farmers Market is a great way to #ShopLocal!

https://www.whitbyfarmersmarket.ca/

### 55+ Art Rail Display

Date and Time: Saturday, June 21 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

#### Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

## **Succulent Workshop**

Date and Time: Saturday, June 21 10:00 am - 12:00 pm

Address: 270 Simcoe Street North

#### **COST:\$70**

Create a stunning living centrepiece in this hands-on workshop set in the Orchid House here at Parkwood!

Design your own modern succulent planter by selecting up to six unique plants. Personalize your creation with

colourful stones, soft moss, and other decorative elements to make it truly one of a kind.

With expert guidance you will:

- -Learn essential planting techniques to assemble your succulent planter
- -Gain tips on how to care for and maintain your creation
- -Discover the art of propagation, so you can grow even more succulents from your beautiful new piece.

Whether you are a seasoned plant lover or just beginning your green-thumb journey, this workshop is perfect fo r all skill levels.

### What's included

Modern Bowl Up to 6 Succulent plants Soil, coloured stones, and moss

### **Drop-in Bike Repair Workshop**

Date and Time: Saturday, June 21 10:00 am - 2:00 pm

Address: Refer to event details below for specific event locations.

June is Bike Month in Whitby, an opportunity to celebrate cycling and encourage urban mobility and active tran sportation through events and outreach efforts. For this year's Bike Month, we are hosting a drop-in bike repair workshop at two locations, where people can bring their bikes for basic services such as safety checks, tire infla tion, brake adjustments, and chain oiling. Similarly, our Active Transportation and Safe Road Advisory (ATSRA C) Committee is hosting a pop-up information booth to share information and gather feedback on Town's Active Transportation network.

Below is the date/time and the venue for the event:

- The Drop-in Bike Repair: <u>Waterfront Trail</u> on June 14<sup>th</sup>, 2025, and <u>Whitby Central Library/Celebration</u> Square on June 21<sup>st</sup>, 2025, from 10 am to 2 pm.
- Pop-up booth by the ATSRAC: Waterfront Trail on June 14<sup>th</sup> from 10 am to 2 pm.

### **LEAF Community Stewardship Event in Rosedale Park**

Date and Time: Saturday, June 21 10:30 am - 12:30 pm

Address: 265 Rosedale Dr., L1N 1Z2 Whitby, ON Canada

Celebrate Pollinator Week by helping us improve the urban forest in Whitby and create healthy habitat for our n ative pollinator friends! Join LEAF as we return to our naturalization site in Rosedale Park to remove invasive species and mulch native trees and shrubs.

Children under 16 years of age must be accompanied by an adult.

#### Please wear:

- Closed-toe shoes or boots no sandals, please!
- Gardening gloves, if you have them (we will have extras)
- Appropriate clothing the event runs rain or shine

All LEAF events count toward secondary school volunteer hour requirements.

Registration is required.

### **Succulent Workshop**

Date and Time: Saturday, June 21 1:00 pm - 3:00 pm

Address: 270 Simcoe Street North

#### **COST:\$70**

Create a stunning living centrepiece in this hands-on workshop set in the Orchid House here at Parkwood!

Design your own modern succulent planter by selecting up to six unique plants. Personalize your creation with colourful stones, soft moss, and other decorative elements to make it truly one of a kind.

With expert guidance you will:

- -Learn essential planting techniques to assemble your succulent planter
- -Gain tips on how to care for and maintain your creation
- -Discover the art of propagation, so you can grow even more succulents from your beautiful new piece.

Whether you are a seasoned plant lover or just beginning your green-thumb journey, this workshop is perfect for all skill levels.

#### What's included

Modern Bowl
Up to 6 Succulent plants
Soil, coloured stones, and moss

## Hand Building Pottery Workshop: Make Your Own Cups & Bowls

Date and Time: Saturday, June 21 2:00 pm - 4:30 pm

Address: 270 Simcoe Street North

#### **COST:**\$85

Join us for a fun and relaxing afternoon at Parkwood Estate where you'll hand-build your very own one-of-a-ki nd cups or bowls! Whether you're a total newbie or have dabbled in pottery before, this workshop is all about e njoying the process and letting your imagination run wild.

Grab a friend or come solo, and let's create some pottery magic! Spots are limited, so sign up soon!

### What's included

- -All materials and tools
- -A laid-back atmosphere with a professional instructor to help you bring your ideas to life

-Food-Safe Finished Pieces: Ready in 4 weeks for you to pick up and show off!

### **Outdoor Circuit Ages 14+**

Date and Time: Saturday, June 21 3:30 pm - 4:30 pm

Address: 555 Rossland Road East

#### **Outdoor Circuit Ages 14+**

Saturday June 21<sup>st</sup>, 2025, - 3:30pm – 4:30pm

Whitby Civic Recreation Centre- Advance registration required- registration code: 62970

## **Sunday, June 22, 2025**

### 55+ Art Rail Display

Date and Time: Sunday, June 22 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

#### Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

## **Summer Solstice Flow: A Sound Healing Experience**

Date and Time: Sunday, June 22 10:00 am - 11:15 am

Address: 270 Simcoe Street North

#### **COST:\$37**

Join Janine, Founder of Soulful Connections and Mindfully Created, for an outdoor sound healing experience t hat celebrates the energy of the Summer Solstice. This event combines the calming effects of sound healing and guided meditation to help you unwind, recharge, and tap into the vibrant energy of summer.

Held in a peaceful outdoor setting, the session will start with a grounding meditation to help you relax and clear your mind. As you settle in, the soothing sounds of crystal singing bowls will guide you into a state of deep re laxation, allowing you to let go of tension and stress.

The Summer Solstice marks the height of the season, bringing long days, abundant sunlight, and a sense of vital ity. This session invites you to pause and embrace the season's energy, helping you feel refreshed and recharged, while also welcoming in renewal and growth.

No prior experience is required—this session is open to all, whether you're new to sound healing or have explored it before.

## What's included

Sound healing and guided meditation experience.

## What's not included

Yoga mat

### **Mosaic Flower Pot Workshop**

Date and Time: Sunday, June 22 1:00 pm - 3:00 pm

Address: 270 Simcoe Street North

#### **COST:\$75**

Dress up your plant in a colourful glass mosaic pot.

This class is perfect for all levels. Learn to create a pattern and apply tiles to a backing. We will work with cutting tools as an option. Guidance will be given on shaping tiles.

Participants will take home a grouting kit complete at their own time.

About the teacher:

Elena Martoglio has been creating mosaic art for over a decade. Her work ranges in many styles.

Elena is passionate about community art projects, bringing people together through art.

Her work is found in public spaces as well as private residences.

Check out her website www.mosaicsbyelena.ca for more information.

She carries a variety of DIY mosaic art kits.

### What's included

Make a stunning mosaic pot.

Safety equipment like eye protection glasses, gloves, and masks will be available.

## What's not included

Apron

## Free Swim - All Ages

Date and Time: Sunday, June 22 2:30 pm - 4:30 pm

Address: 555 Rossland Road East

#### Free Swim - All Ages

Sunday June 22<sup>nd</sup>, 2025, 2:30pm – 4:30pm

Whitby Civic Recreation Centre Pool

Drop-in, no pre-registration required.

## **Monday, June 23, 2025**

### 55+ Art Rail Display

Date and Time: Monday, June 23 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

# **Tuesday, June 24, 2025**

## Yoga in the Park with Dennis

Date and Time: Tuesday, June 24 9:00 am - 10:00 am

Address: 800 Brock Street South

#### Yoga in the Park with Dennis

Tuesday, June 24

9:00 - 10:00 am

Code: 61031

Free event sponsored by Wellings of Whitby

Registration and 55+ Membership required.

## 55+ Art Rail Display

Date and Time: Tuesday, June 24 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

#### 55+ Art Rail Display, Whitby Public Library

#### Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

## Wednesday, June 25, 2025

### **Whitby Farmers Market**

Date and Time: Wednesday, June 25 9:00 am - 3:00 pm

Address: Celebration Square

Don't miss the Whitby Farmers Market every Wednesday at Celebration Square beginning on May 14 from 9 am to 3 pm!

Whether you are looking for tasty treats, fresh produce or one of a kind creations, the Whitby Farmers Market is a great way to #ShopLocal!

https://www.whitbyfarmersmarket.ca/

## **Blood Pressure Clinic Ages 14+**

Date and Time: Wednesday, June 25 9:00 am - 12:00 pm

Address: 555 Rossland Road East

## **Blood Pressure Clinic Ages 14+**

Wednesday June 25<sup>th</sup>, 2025, 9am – 12pm

Whitby Civic Recreation Centre Lobby

Drop-in, no pre-registration required.

## 55+ Art Rail Display

Date and Time: Wednesday, June 25 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

### **Exclusive Picnic Night**

Date and Time: Wednesday, June 25 6:00 pm - 8:00 pm

Address: 270 Simcoe Street North

#### **COST:\$10**

Have you ever wanted to bring a blanket and some snacks and picnic on the Parkwood grounds? Well now you can!

Parkwood does not allow picnics to be held on the grounds except for a few special ticketed events per year. He re's your chance to picnic on the expansive grounds!

Pack a nice blanket and/or chairs (no tables please) and your favourite Picnic foods and come and explore all of the Parkwood grounds and make some memories!

Grounds will be closed to the general public, only those with tickets will be permitted to this exclusive event.

No BBQ's or alcohol are permitted on the grounds and any found may result in removal of your party from the property.

Registration and check-in is required and tickets are \$10 per person, 2 and under are free.

In the event of inclement weather, Parkwood will make a call as to the possible cancellation of the event. If a cancellation occurs you will have the option to move your booking to another exclusive picnic date or a refund.

No pets permitted.

### What's included

Your ticket gains you access to the grounds to picnic.

#### Centre Ward - Town Hall

Date and Time: Wednesday, June 25 7:00 pm - 8:00 pm

Address: 575 Rossland Rd East, Whitby ON

Join Centre Ward Councillor Niki Lundquist and Regional Councillor Maleeha Shahid for updates on local iss ues as well as answers to your questions.

No registration is required.

#### **Rotary Bingo**

Date and Time: Wednesday, June 25 7:00 pm - 9:00 pm

Address: 8 Vipond Rd

#### **Rotary Bingo**

Code: 61047 Cost: \$2.00

Wednesday, June 25, 7:00 - 9:00 pm

Join us for a night of Bingo with lots of prizes and refreshments.

Sponsored by the Rotary Club of Whitby

Registration and 55+ Membership required.

#### Music in the Park

Date and Time: Wednesday, June 25 7:00 pm - 7:45 pm

Address: Rotary Centennial Park

Music in the Park will be returning in 2025 so you can listen live to great music from local musicians. Every Wednesday starting June 25 at 7 p.m. in Rotary Centennial Park until August 13.

# Thursday, June 26, 2025

## 55+ Art Rail Display

Date and Time: Thursday, June 26 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

#### Fraud and Scams Seminar

Date and Time: Thursday, June 26 10:00 am - 11:30 am

Address: 801 Brock St S

#### Frauds and Scams Seminar for those aged 55+

Thursday, June 26

10:00 - 11:30 am

55+ Recreation Centre

Join Detective Martin Franssen from the Durham Regional Police Service for

this informative seminar on how to avoid the latest frauds and scams.

Free! No registration required.

#### Whitby Brass Band free summer concerts

Date and Time: Thursday, June 26 7:30 pm - 8:45 pm

Address: 589 Water Street Whitby

Join us for a musical evening of old and new favourites.

Something for everyone.

Bring a lawnchair, concert is rain or shine.

# **Friday, June 27, 2025**

## 55+ Art Rail Display

Date and Time: Friday, June 27 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

## **Mobile Food Market by Community Care Durham**

Date and Time: Friday, June 27 1:00 pm - 2:00 pm

Address: 801 Brock St S

Mobile Food Market by Community Care Durham

Fridays, 1:00 - 2:00 pm

55+ Recreation Centre - Lobby

Community Care Durham runs a Mobile Food Market in the 55+ Recreation Centre Lobby. The Market offers fruits and vegetables for purchase from local growers at a reasonable price. All proceeds generated from

the market go to supporting their Community Food Box Program.

Please note that this is a mini-market, so variety and quantity of items available is limited.

Everyone is welcome. Cash, credit and debit accepted.

## Saturday, June 28, 2025

#### **Brooklin Farmer's Market**

Date and Time: Saturday, June 28 9:00 am - 2:00 pm

Address: 3 Vipond Road, Brooklin

Don't miss the Whitby Farmers' Market every Saturday at Municipal Lot 9 at 3 Vipond Road Brooklin beginnin g on June 7 from 9 am to 2 pm!

Whether you are looking for tasty treats, fresh produce or one of a kind creations, the Whitby Farmers Market is a great way to #ShopLocal!

https://www.whitbyfarmersmarket.ca/

### 55+ Art Rail Display

Date and Time: Saturday, June 28 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

#### Summer Citronella & More Candle Making Workshop

Date and Time: Saturday, June 28 2:00 pm - 4:00 pm

Address: 270 Simcoe Street North

#### **COST:**\$65

Kick off the summer season with a burst of creativity at our Summer Citronella & More Candle Making Works hop! Join us for a fun-filled and educational experience where you'll learn the art of candle making while creating your own outdoor-friendly citronella candles—perfect for keeping those pesky bugs at bay during summer nights!

In this hands-on workshop, you'll not only discover the secrets to making your own candles, but you'll also expl ore a variety of scents and styles to customize your creations. We'll dive into the benefits of citronella, plus oth er refreshing summer scents that will make your candles perfect for outdoor gatherings, BBQs, or simply relaxing on a warm evening.

You'll leave with beautifully crafted candles, useful tips on scent blending, and the knowledge to make more at home. Whether you're a candle-making newbie or a seasoned pro, this workshop promises a fun and educational experience that's both creative and practical!

Space is limited—sign up today and light up your summer with your very own handmade candles!

#### Outdoor Soccer Drills and Exercises Ages 14+

Date and Time: Saturday, June 28 2:30 pm - 3:30 pm

Address: 555 Rossland Road East

### **Outdoor Soccer Drills and Exercises Ages 14+**

Saturday June 28<sup>th</sup>, 2025, 2:30pm – 3:30pm

Whitby Civic Recreation Centre- Advance registration required- registration code: 62967

## **Sunday, June 29, 2025**

## 55+ Art Rail Display

Date and Time: Sunday, June 29 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 - June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

# **Monday, June 30, 2025**

## 55+ Art Rail Display

Date and Time: Monday, June 30 9:30 am - 6:00 pm

Address: 405 Dundas St W, 2nd Floor

55+ Art Rail Display, Whitby Public Library

Central Branch, 405 Dundas St W

June 2 – June 30

Come out and see the beautiful artwork created by your peers.

Please check Library operating hours, which may differ.

https://calendars.whitby.ca